

St Anthony of Padua

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Priest: Fr. Peter Draper. (Tel: 725193)
Deacon (retired): Rev. Tom Butler



Sunday Masses: 6.00pm (Saturday Vigil), 9.30am.
Weekday Mass: Mon-Wed, Fri: 9.15am. (Thurs 9.15am at Holy Family)
Confessions: 5.30—5.50pm

Annexe: 725544 Social Centre: 735963 Primary school: 726621
Playgroup/Preschool 07963 700591 Covenant Books: 07396 796969

Lancaster Roman Catholic Diocesan Trustees Registered Charity Number 234331

Shadow Work

'The term shadow refers to everything within us that we don't know about ourselves. It's often called our disowned self. Jesus called it "the log in your own eye." Jesus preceded modern psychology's shadow work by 2000 years. His advice is absolutely perfect: "Take the log out of your own eye, and then you will see clearly enough to take the splinter out of your brother's eye." If we do not recognise and name our own log, it is inevitable that we will project and hate it elsewhere. The shadow is not inherently evil or wrong; it is simply any part of ourselves or our institutions that we try to deny or reject. One of the easiest ways to discover our shadow is to observe our negative reactions to others and what pushes our buttons. Most often, what annoys us in someone else is a trait in ourselves that we haven't acknowledged.

It is also astonishing to find that some of the pure gold of our personality is relegated to the shadow because the gold is related to our true identity, to who we are in God, and this can be hard to accept. Curiously, we resist the noble aspects of our shadow more strenuously.

We are familiar with the idiom, 'It takes one to know one' which can be used when we share positive or negative attributes in others. Only an in-depth spirituality can fully accept the paradox of our flawed humanity, indwelt by God's presence, where both light and dark are allowed, loved and used by God. This integration brings forth what Thomas Merton called 'a hidden wholeness' and allows us to see beyond our own shadow and disguise and to find who we are, 'chosen in Christ from the beginning of the world.' (Ephesians 1:4ff). The Zen masters are saying the same thing when they speak of 'the face you had before you were born.' [1]

'We can also project our feelings onto others. If my heart is full of anger, I see every person as angry. If my heart is full of fear, I see everyone as someone who's afraid or someone I'm afraid of. But if my heart is filled with God's infinite love for me, then everyone I see is someone God is infinitely in love with.' [2] Then our words and actions will come from God's abundant love.

Adapted: [1] Richard Rohr [2] James Finley

8th Sunday in Ordinary Time Year C

2nd March 2025 Eucharistic Prayer of Reconciliation

Missal 995

DIARY and MASS INTENTIONS

for the week beginning Saturday 1st March 2025

Sat 6.00pm	<i>St. Ant</i>	Francis O'Gara	
Sun 9.30am 11.00am	<i>St. Ant</i> <i>H.Family</i>	Gina Bradshaw Daniel Nyendwa	8th Sunday in Ordinary Time
Mon 9.15am	<i>St. Ant</i>	Barbara Twine	
Tue 9.15am	<i>St. Ant</i>	Alfred Fogell	
Wed 9.15am 10.30am	<i>St. Ant</i> <i>H.Family</i>	Christopher Helm For our parish	Ash Wednesday
Thur 9.15pm 11.45pm	<i>H.Family</i> <i>St. Ant</i>	Myra Greenwood <i>Funeral service:</i> Myra Greenwood	
Fri 9.15am	<i>St. Ant</i>	For our parish	
Sat 6.00pm	<i>St. Ant</i>	Ged Mason	
Sun 9.30am 11.00am	<i>St. Ant</i> <i>H.Family</i>	Joan Taylor Fr. Bill Bootle	First Sunday in Lent

Last Weekend: Offertory: £415.22 + £173.50 card. Attendance: 204 (79+123).
Thank you for your generosity.

Masses received this week: Rosalinde Forrest.

Rosary

We pray the rosary, as Our Lady requested, for World Peace, every Monday and Friday in church, after morning Mass. All are welcome. The Rosary is said once a month at various churches. Please see dates on the board and take a card from the back of church.

Tea, Coffee, cake etc. is served in the Padua Room after both weekend Masses.

Welcome into the family of faith:

Ezra-John Anthony Van-son who was baptised in St. Anthony's last week.

PRAYER INTENTIONS

We pray for those who are sick, especially Jo Counsell, Bill Embery, Marie Morris, Michael Connors, John Mulholland, Deacon Tom Butler, Karen Hardman;

We pray for those who have died recently: Deacon Michael Dolan, Pauline Payne, Myra Greenwood, Marie Christine Wragg, Sadie Hodgkinson, Daniel Nyendwa, Doreen Welsby; and those whose anniversaries fall about this time: Franc is O'Gara, Barbara Twine, Hettie Miller, Teresa Holden, Joe Gornall, Ellen Horan, Gerard Knight, May Smith, Tom & Daisy Walmsley, Bill Heaps, Geoffrey Nickson, Sandy, George McMillan, Catherine Welsby, Jean Walkden, Richard Clegg. May they rest in peace.

Palms and Ashes

Ash Wednesday is this Wednesday. You are invited to return last year's palms to provide the ashes for this year.

Lent Stations of The Cross— Fridays at 6pm

Each Friday evening in Lent we will have The Stations of The Cross. The first one will be led by our children/youth.

Lent gatherings to reflect on Jubilee Year 2025

Are you wondering what the 2025 Jubilee Year is all about? Join us, as together with the parish CAFOD group, we explore the biblical background to the Jubilee Year and what the theme Pilgrims of Hope means for us today.

We'll be meeting in the Padua Room from 7-8pm on Wednesday 12th, 19th and 26th March. You are most welcome to join us for just one or all the meetings.

Join CAFOD's Big Lent Walk in the Jubilee Year

You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho's in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope. Sign up here: <https://walk.cafod.org.uk/>

CAFOD Lent Appeal – Family Fast Day collection

Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year. You'll be supporting communities experiencing the impacts of war, poverty and climate change to find solutions and hope. Use the CAFOD envelope in church, donate online at cafod.org.uk/envelope or call us on 0303 303 3030. You can also text: CAFODLENT to 70085 to donate £10.

Wednesday Film Nights - 7.00 to 8.00pm

Join us in the Padua Room. We will be watching "Peter: Keeper of the Keys", a film that explores the life of St Peter and visits the places associated with him. In the final session, we will take a virtual 3D tour of St Peter's Basilica.

Lancaster Diocese Lourdes Pilgrimage 2025 23rd – 30th July.

Please see the posters in church for both the main pilgrimage (from £949) and the youth section (from £795). Includes flights from Liverpool, transfers, full board hotel accommodation, religious programme, levies and taxes. We have a few booking forms for both groups – see the Notice Board, and you may also be able to check on: www.joewalshtours.co.uk For more details contact the Director of Youth by email: youth@lancasterlourdes.co.uk

Catholic Voice— free Diocesan newspaper—new issue at the back of church today.

Rwanda Group

Thankyou to all who supported our Rwanda Group Table Top Sales on Saturday. We made a wonderful amount of £586.22. Our next sale is Saturday, 12th April.